



# **CITY OF BATTLE CREEK**

## The Pathway to Health

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Risk Manager

# History of Health Care

- 1990 Moved program to BCBSM in response to rising cost
- 2004 Moved program into BCBSM Self-Funded Plan
- 2008 Total Program Cost \$7,238,188
- Cost Sharing for same period \$845,116

# History of Health Care

- 1990 Initiated \$2.00 Pharmacy Co-Pay
- 1995 Increased Phar Co-Pay to \$5.00
- 1996 First Employee Premium  
Contribution set at \$2.00 per week
- Current Employee Contribution is \$10.28  
per week
- 2000 Pharmacy Co-Pay set at 10/15/20
- 2007 Pharmacy Co-Pay set at 15/30

# History of Health Care

Disease management services offered by carrier without the use of a Value Based Benefit Design

City of Battle Creek Members in Disease Management

Chronic Disease	Open Referrals	Engaged Member	Closed Cases				Total Targeted members
			Goals Met	Member Refused	No Response to Contact	Other	
Asthma	0	1	0	0	0	0	1
Chronic Obstructive Pulmonary Disease	0	0	0	6	1	0	7
Coronary Artery Disease	0	0	0	1	0	1	2
Diabetes	0	0	2	1	1	0	4
Heart Failure	0	1	0	1	3	1	6
Long Term Cancer Management	0	0	1	0	1	0	2
<b>Total</b>	<b>0</b>	<b>2</b>	<b>3</b>	<b>9</b>	<b>6</b>	<b>2</b>	<b>22</b>

# History of Health Care

## Mailing Volumes for City of Battle Creek

Chronic Disease Mailings	Mailing Count
ACE Inhibitor/Angiotensin Receptor Blocker Medication Reminder	3
Asthma	20
Beta-Blocker Medication Reminder	6
Chronic Disease Introductory Letter	155
Diabetes Cholesterol Management Reminder	16
Diabetes Eye Exam Reminder	9
Diabetes HbA1c Testing Reminder	4
Diabetic Standards of Care	48
Influenza Prevention Reminder	169
Ischemic Heart Disease Lipid Medication Reminder	3
Lipid Profile Reminder	6
Medication Gap	4
<i>Sub-Total</i>	<i>Mailings: 443</i>
	<i>Unique Households 181</i>

CHRONIC CONDITIONS MATRIX	COUNT OF MEMBERS	*TOTAL COST
COPD	1	\$4,310
CAD	28	\$364,329
CAD and COPD	2	\$34,676
<b>DIABETES</b>	<b>69</b>	<b>\$421,670</b>
<b>DIABETES</b> and COPD	<b>1</b>	<b>\$3,941</b>
<b>DIABETES</b> and CAD	<b>13</b>	<b>\$88,923</b>
<b>DIABETES</b> , CAD AND COPD	<b>1</b>	<b>\$22,584</b>
CHF	2	\$10,294
CHF and CAD	1	\$23,124
CHF and <b>DIABETES</b>	<b>1</b>	<b>\$37,957</b>
CHF, <b>DIABETES</b> and CAD	<b>1</b>	<b>\$4,238</b>
ASTHMA	82	\$259,411
ASTHMA and COPD	7	\$22,470
ASTHMA and CAD	3	\$76,909
ASTHMA, CAD and COPD	1	\$27,779
ASTHMA and <b>DIABETES</b>	<b>9</b>	<b>\$90,048</b>
ASTHMA, <b>DIABETES</b> and COPD	<b>2</b>	<b>\$19,721</b>
ASTHMA, <b>DIABETES</b> and CAD	<b>2</b>	<b>\$53,676</b>
ASTHMA and CHF	1	\$15,345
ASTHMA, CHF and <b>DIABETES</b>	<b>1</b>	<b>\$11,303</b>
ASTHMA, CHF, <b>DIABETES</b> and CAD	<b>1</b>	<b>\$137,781</b>
<b>TOTAL</b>	<b>229</b>	<b>\$1,730,488</b>



# City of Battle Creek

## VBID Design and Planned Implementation

- Effective July 1, 2009
- Diabetes Focused,
- VBID will overlay Rather than Replace the existing BCBSM benefit plans. VBID plan will eliminate member cost-sharing for diabetic members who participate in required wellness and Care management activities.



# City of Battle Creek

## VBID Design and Planned Implementation

- Removes Financial barriers
- Improve enrollment and engagement in Blue Health Connection
- Increase use of high value services (i.e., diabetes prevention and treatment)
- End State: Member has the ability to successfully self manage their condition(s)